

CITY OF LEICESTER SWIMMING CLUB

BRITISH CHAMPIONSHIPS  
Incorporating  
OLYMPIC & EUROPEAN JNR CHAMPIONSHIP TRIALS

PONDS FORGE ~ SHEFFIELD

31<sup>st</sup> MARCH ~ 6<sup>th</sup> APRIL 2008

## RESULTS

### MENS 400m FREESTYLE

J.GRIEVE	.79	28.06	31.66	59.72	32.06	33.23	2.05.01	
		32.52	33.92		32.33	32.23		4.15.01 PB
G.KEATING		27.50	29.91	57.35	30.51	30.36	1.58.32	
		30.06	30.41		30.29	29.64		3.58.83 PB

**COUNTY SNR RECORD**

### WOMENS 200m BUTTERFLY

S.SMITH	.87	31.92	36.67	1.08.59	38.55	39.51		2.26.65
C.ASHMORE	.95	32.43	36.81	1.09.62	37.83	38.22		2.24.69 PB

**COUNTY JNR RECORD**

### WOMENS 100m FREESTYLE

S.SMITH	.88	29.42	31.07					1.00.68
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### WOMENS 400m FREESTYLE

C.ASHMORE	.92	31.44	33.94	1.05.57	34.74	34.60	2.14.93	
		35.09	35.02	3.24.99	35.79	34.82		5.35.48

### MENS 50m FREESTYLE

T.NAKAGAWA	1.00	10.88	(1 Breath)					24.08 PB
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**COUNTY JNR RECORD**  
**EAST MIDLAND JNR RECORD**

**WOMENS 200m INDIVIDUAL MEDLEY**

C.ASHMORE	32.63 38.85 1.11.48 45.12 33.94	2.30.54
S.SMITH	31.10 37.69 1.08.79 43.76 33.50	2.26.05 PB

**COUNTY JNR RECORD**

**WOMENS 100m BREASTSTROKE**

C.READ	.84 35.60 40.01	1.15.80
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**WOMENS 50m FREESTYLE**

S.SMITH	1.02 12.90 (3 Breaths)	28.30 PB
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**WOMENS 100m BUTTERFLY**

C.ASHMORE	.85 31.77 35.78	1.07.62
S.SMITH	.87 31.09 35.31	1.06.40

**MENS 400m INDIVIDUAL MEDLEY**

G.KEATING		4.31.70 PB
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**COUNTY SNR RECORD**

**MENS 100m FREESTYLE**

T.NAKAGAWA	.76 26.06 28.21	54.21
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**MENS 1500m FREESTYLE**

G.KEATING		15.37.34 PB
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**COUNTY SNR RECORD**  
**8.14.31 PB (800m)**  
**COUNTY SNR RECORD**  
**15.37.11 PB 4<sup>th</sup>**  
**COUNTY SNR RECORD**  
**EUROPEAN JNR QT**

**WOMENS 400m INDIVIDUAL MEDLEY**

C.ASHMORE	.87 32.39 37.09 1.09.48 39.77 39.14 2.28.38	
	44.77 46.16 36.28 34.43	5.10.02

**WOMENS 200m FREESTYLE**

S.SMITH	.91 29.61 32.49 1.02.25 33.80 34.01	2.10.07
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